

# Working with the Separated/Divorced Parent

A Workshop for Mental Health Professionals

## a half-day workshop

This workshop will give you practical tools, techniques, and tips that you can use and pass on to parents whom you are working with **individually or as a couple**. By using the material presented in the workshop you will be better able to guide parents through the process of recovery, while establishing a positive, long-term relationship with the child(ren)'s other parent. In addition, they will be better able shield their child(ren) from parental conflict.

This Workshop (and optional seminar) explores:

- the unique needs of families in transition
- how to work with conflicted parents
- the divorce options available to parents
- Collaborative Divorce vs. non-Collaborative Divorce

The *Working with the Separated/Divorced Parent Workshop* will introduce you to and expand on your existing skills in the following areas:

- the impact that divorce and conflict has on children
- how to manage anger
- how to increase impulse control
- keeping children out of the middle
- the importance of developing co-parenting skills
- how to resolve conflict
- peaceful negotiation skills

**Optional follow-up Seminar from 2:00pm – 4:00pm to discuss:**  
**“Facilitating Co-Parenting Workshops”**

**“Adding Collaborative Divorce Coaching to Your Practice”**

**Collaborative Practice Attorneys & Financial Analysts will join us**

### Facilitated By:

**Gabrielle Viethen, M.A., LMFT, LPCC . . . . . 20+ years experience as a Certified Coach – Coach Training Alliance workshop leader/facilitator, therapist, & coach.**

**Max August, M.A., MFT (CA) . . . . . 30+ years experience as a Certified Coach – Coach Training Alliance workshop leader/facilitator, Specializing in Divorce & Parent Coaching family therapist, & coach.**

Gabrielle & Max are part of the co-founding team of CHILDREN FIRST: Co-Parenting Support Services a 501(c)(3) community service organization. In the past two years CHILDREN FIRST has worked with over 225 families in co-parenting workshops, child transfers, & grief support groups for children. Max & Gabrielle are also members of the Santa Fe Collaborative Practice Group

**SATURDAY**  
**November 19th**  
**8am – 12:30pm**  
(optional seminar 2pm-4pm)  
**Santa Fe, NM**  
**4 CEUs Available**

**Cost: \$79 Early Bird**  
**\$99 After 11/05/05**

### Agenda

- ▶ 8:00 – 8:30am  
Registration, Networking  
Coffee, Tea, & Bagels
- ▶ 8:30 – 8:45am  
The Divorce Dilemma
- ▶ 8:45 – 9:30am  
Working with Conflicted Parents
- ▶ 9:30 – 10:00am  
Loyalty Binds and Parental Alienation
- ▶ 10:00 – 10:15am  
BREAK
- ▶ 10:15 – 11:00am  
Communication Skills
- ▶ 11:00 – 11:45am  
Negotiation Skills
- ▶ 11:45 – 12:15am  
Tools, Assessments, Books,  
and Workbooks
- ▶ 12:15 – 12:30pm  
Closing and Evaluations



**Call 820-1175 or email . . . . [Enroll@ChildrenFirstNM.org](mailto:Enroll@ChildrenFirstNM.org)**  
**With Your Name & Contact Information**  
**We'll call and/or email you with location & other information**